



## **ABSTRACT**

Disaster Management Act, 2005 – COVID-19 - Standard Operating Procedure (SOP) for reopening of the Sports Development Authority of Tamil Nadu (SDAT) Sports Hostels and conducting the competitions in the State – Orders – Issued.

### **Revenue and Disaster Management (D.M.4) Department**

**G.O.(Ms) No.194**

**Dated: 03.02.2021**

சார்வரி, தை 21

திருவள்ளூர் ஆண்டு, 2052

**Read**

1. G.O.(Ms).No.386, Revenue and Disaster Management (D.M.II) Department, dated 24.07.2020.
2. G.O.(Ms).No.430, Revenue and Disaster Management (D.M.IV(2)) Department, dated 20.08.2020
3. G.O.(Ms).No.449, Revenue and Disaster Management (D.M.IV) Department, dated 31.08.2020.
4. G.O.(Ms).No.473, Revenue and Disaster Management (D.M.IV) Department, dated 09.09.2020
5. G.O.(Ms).No.820, Revenue and Disaster Management (D.M.IV) Department, dated 31.12.2020.
6. G.O.(Ms).No.30, Revenue and Disaster Management (D.M.IV) Department, dated 13.01.2021.
7. G.O.(Ms).No.31, Revenue and Disaster Management (D.M.IV) Department, dated 13.01.2021.
8. Government Press Release No. 295, dated 31.12.2020
9. From the Principal Secretary / Member Secretary SDAT, letter Rc.No.724/YI-2/2021, dated 21.01.2021.
10. From the Principal Secretary / Member Secretary SDAT, letter Rc.No.3841/SI-1/2020, dated 21.01.2021.
11. G.O.(Ms).No.84, Revenue and Disaster Management (D.M.IV) Department, dated 31.01.2021.

XXXX

### **ORDER:**

In the Government orders 1<sup>st</sup> to 7<sup>th</sup> read above, the Government have issued orders with regard to the guidelines to be followed during lock down

period in adherence to the notifications issued by Ministry of Home Affairs, Government of India from time to time.

2. In the reference 7<sup>th</sup> read above, SOP was issued for health, hygiene and safety protocols for re-opening of schools for 10<sup>th</sup> and 12<sup>th</sup> Standards. In the said G.O. Standard Operating Procedure for all private school hostels is also issued.

3. Based on the above said G.O. the Principal Secretary / Member Secretary, SDAT in his letter 9<sup>th</sup> read above has furnished the draft Standard Operating Procedure (SOP) for reopening of SDAT Sports Hostels, (Sports Hostels, Centre of Excellence and Sports Hostel of Excellence) for the School students studying in 10<sup>th</sup> and 12<sup>th</sup> Standards and college final year students and the Principal Secretary / Member Secretary, Sports Development Authority of Tamil Nadu has requested the Government to issue necessary orders for the Standard Operating Procedure (SOP) for the SDAT Sports Hostels.

4. In the reference 8<sup>th</sup> read above, among the others, permission was granted to conduct sports meet in indoor Stadia with the capacity of maximum 200 persons or 50% of seating capacity with effect from 01.01.2021 subject to obtaining prior permission from the Commissioner of Police in respect of Chennai and from the District Collector in respect of other districts.

5. Based on the above said Press Release, the Principal Secretary, Member Secretary, Sports Development Authority of Tamil Nadu, in his letter 10<sup>th</sup> read above, has also suggested that the sports facilities under the control of Sports Development Authority of Tamil Nadu and Non Sports Development Authority of Tamil Nadu in the State may be opened up for conducting competitions at State/ National level subject to certain restrictions. He has also furnished the draft SOP for conducting competitions in SDAT/Non-SDAT Sports facilities in the State.

6. In the reference 11<sup>th</sup> read above, among the others, it is ordered that School shall be permitted to function from 08.02.2021 for 9<sup>th</sup> and 11<sup>th</sup> Standards, all colleges (including Diploma classes) and conduct sports functions in indoor Stadia with a maximum of 50% of the capacity or with a ceiling of 600 persons and also functions in open spaces shall continue to be permitted with the maximum of 50% of the participants subject to obtaining prior permission from the Commissioner of Police in respect of Chennai City and from the District Collector in the respect of Districts. Further, Hostels for the above students shall also be permitted.

7. The Government, after careful examination, hereby issue orders for reopening of the SDAT Sports Hostels and organizing Sports competitions in

SDAT/Non SDAT Sports facilities and approve the Standard Operating Procedures (SOP) for the same as prescribed in the Appendix I and Appendix II to this order.

(By Order of the Governor)

**RAJEEV RANJAN**  
**CHIEF SECRETARY TO GOVERNMENT.**

**To**

The Additional Chief Secretary and Commissioner  
of Revenue Administration, Chepauk, Chennai-5.

All Additional Chief Secretaries, Principal Secretaries and  
Secretaries to Government, Secretariat, Chennai-9.

All the District Collectors,

The Commissioner, Greater Chennai Corporation, Chennai.

**Copy to**

The Chief Minister's Office, Chennai-9.

The Special Personal Assistant to Deputy Chief Minister, Ch-9.

The Special Personal Assistant to Minister for Revenue & Disaster  
Management and Information Technology, Ch -9.

The Special Personal Assistant to Minister (School Education,  
Youth Welfare and Sports Development) Ch -9.

The Private Secretary to Chief Secretary to Government, Ch-9

The Private Secretary to Principal Secretary to Government (FAC), Youth  
Welfare and Sports Development Department, Chennai-9.

The Principal Secretary / Member Secretary, Sports Development Authority  
of Tamil Nadu, Chennai-84.

SF/SCs.

/Forwarded By Order/

*Rajeev Ranjan*  
*3/2/2024*  
SECTION OFFICER.

## **APPENDIX - I**

### **Standard Operating Procedure (SOP) for reopening of Sports Development Authority of Tamil Nadu (SDAT) Sports Hostels, Centre of Excellence and Sports Hostel of Excellence for the School Students studying in 9<sup>th</sup> - 12<sup>th</sup> Standard, Diploma and College (UG and PG) Students**

#### **I. General**

- On reopening of hostels, all students and hostel staff will be screened for symptoms like fever, cough breathlessness and body pain. Symptoms may also include fatigue, aches, running nose, sore throat, headache, diarrhea or vomiting and loss of sense of smell or taste etc., the screening will be done by the Sports Hostel Managers / District Sports and Youth Welfare Officers/Personnel in charge of Sports Hostel and any symptomatic student or hostel staff shall be immediately referred to the nearest health centre or fever clinic. Only asymptomatic students shall be permitted to stay in the hostels.
- Screening of students and hostel staff shall be done once in the morning and once in the evening.
- Body temperature and oxygen saturation level of all staff/inmates should be screened using Thermal Scanner and Pulse Oximeter, once in the morning and once in the evening. This should be recorded in a register. If any discrepancy is noted, he/she should immediately be referred to the nearest Government Hospital.
- Provision of hand wash facilities with soap and running water / hand sanitizers for disinfection of hands shall be made available at the entrance to the hostel and in Wash rooms / Toilets.
- Sports Hostel Managers / District Sports and Youth Welfare Officers should ensure that staff / inmates are wearing face mask.
- Sports Hostel Managers / District Sports and Youth Welfare Officers should ensure that hostel inmates wash their hands with soap and water often and especially before and after eating.
- Social distancing should be advised and inmates should keep a distance of 6 ft. among themselves.
- Sports Hostel Managers / District Sports and Youth Welfare Officers shall ensure that floors are mopped using 1% Hypochlorite solution everyday.
- Sports Hostel Managers / District Sports and Youth Welfare Officers should ensure that inmates are accommodated in such a way that social distancing is maintained.

- Gathering of students in groups of more than two is strictly prohibited.
- All touch points like door handles, counter tops, table tops, railings, sinks, taps etc., should be cleaned regularly using 1% hypochlorite solution.
- The hand washing protocol, has to be followed methodically and compulsorily for 20 seconds by all wardens, staff and students with liquid and running water and if water availability is a problem, with sanitizers.
- Appropriate back-up stock of personal protection items like face covers / masks, hand sanitizers etc. shall be made available by manager.
- The Guidelines issued by the Government from time to time in respect of Corona Virus Disease (COVID-19) should be followed scrupulously in letter and spirit.

## **II. Physical Distancing Norms**

- Any gathering of Sports Hostel Managers / District Sports and Youth Welfare Officers / Coaches / Hostel Staff / Parent / inmates should be strictly discouraged by Sports Hostel Managers / District Sports and Youth Welfare Officers and personnel in charge of hostels.
- No outsiders to enter hostel.
- Students to stay inside and avoid contact with outside people.
- There should be a total ban on non-essential visitors at hostels offices/hostels. Parents and family members who have come to drop and take back students should be advised to follow physical distancing norms with boxes marked on the floor.
- Sports Hostel Managers / District Sports and Youth Welfare Officers / staff / inmates shall ensure physical distancing at all times.
- Seating arrangement with social distancing must be followed in dining halls. If necessary, staggered timing for dinner may be followed to maintain social distancing.

## **III. Maintenance of Toilets and General hygiene.**

- Toilets should be cleaned and sanitized everyday. Hand wash should be compulsorily made available in the toilets.
- Toilets in the hostel should be cleaned with 1% hypochlorite solution (1kg of bleaching powder in 30 litres of water) at least twice a day.
- Hostel surroundings are to be thoroughly cleaned and disinfected everyday.

- Cleaning personnel must use masks and gloves
- After each cleaning session, they must safely dispose of the materials and protective equipment used and then wash their hands.

#### **IV. Social Behaviour for Pandemic prevention in Hostels.**

- Everyone must wear a clean mask. The mask should be washed in soap every day if it is reusable.
- Wearing of mask is compulsory in all areas of the hostel. The Mask should be worn at all times except when consuming food/beverages and while washing face.
- Touching the mask should be kept to minimum.
- Touching the face or any part of the face should be avoided.
- Touching any surfaces of furniture / fixtures / railings / lifts / handles and other surfaces should be kept to the minimum.
- Spitting and flushing of noses should be strictly prohibited except in wash areas where the same is washed away in running water immediately. Chewing of anything which requires spitting except prescription drugs, should be strictly prohibited at all times.

#### **V. Ensure Safe Residential Stay at Hostel.**

- Temporary partitions may be erected to separate inmates / boarders. Adequate distance between beds may be ensured.
- Physical/social distancing must be maintained all the times in hostels. Signage and messaging at prominent places will be important.
- Hostel should be out of bound for all persons except essential staff with known health status.
- Respiratory Etiquettes to be strictly followed. This involves strict practice of covering one's mouth and nose while coughing / sneezing with a tissue / handkerchief/flexed elbow and disposing off used tissues properly.
- Alternative space may be arranged to accommodate students to enable physical/social distancing.
- Initial preference for calling students to join back hostels may be given to students who do not have any support at home and also no facility for on-line education.

- Students of higher classes may be called first as per accommodation facility of the school.
- Screening of every boarder needs to be done before they start staying at the hostel. Only asymptomatic boarders should be allowed to join.
- Since students may be coming from different locations by using public transports such as buses, trains, etc., it is important that they should minimize their contact and interaction with others on arrival at hostel, and effectively, maintain quarantine as per State/UT requirement. Their health status should be monitored during the period.
- Arrangement for a regular visit of Counselor teacher or a Counselor needs to be ensured to take care of any mental or emotional health issue of the students.
- Hostel should be out of bound for all persons except essential staff with known health status.
- Visiting medical team may inspect kitchen and mess at least once a week to ensure maintenance of hygiene.
- Capacity building of hostel staff should be done on physical/social distancing norms, health, and hygiene, clean and nutritious food, etc., for the hostellers.
- Availability of good quality Wi-Fi connection, cable connection for Television and Radio may be ensured. These facilities should be used as per norms of physical/social distancing.

#### **VI. Entry of Cook-cum-Helpers (CCH) in hostels.**

- Cooks should follow all the prescribed sanitization guidelines while preparing food.
- Wearing face guard/mask will be mandatory during cleaning, washing, cutting, cooking and serving of meals. If reusable face masks are used, it should be ensured they are washed daily.
- Nail polish or artificial nails should not be worn because they can become foreign bodies and may compromise on food safety.
- No watches, rings, jewelry and bangles should be worn during cooking, serving and distribution as there is a danger of contamination of product.
- Spitting and nose blowing should be strictly prohibited within the premises by CCH or any other person especially while handling food.

- The CCHs should be provided adequate and suitable clean protective apron and head gear for covering hair and gloves. If reusable aprons are used, it should be washed after every use. Gloves, masks should be removed and discarded if they become soiled or damaged and a new pair worn. The used face masks, head wraps and hand gloves should be disposed off safely. Apron, head wraps, face masks and gloves should be used while serving food.
- The CCHs should wash their hands at least each time work is resumed and whenever contamination of their hands has occurred; e.g. after coughing / sneezing, visiting toilet, using telephone,. Hand washing time should be a minimum of 40 seconds.
- CCH must be cautious to avoid certain hand habits – e.g. scratching nose, running finger through hair, rubbing eyes, ears and mouth, scratching beard, scratching parts of bodies etc. that are potentially hazardous when associated with handling food products, and might lead to food contamination. When unavoidable, hands should be effectively washed before resuming work after such actions. Soap/Handwash must be available at all times at the wash basin/hand pump/tap water for frequent hand cleaning by CCH.

#### **VII. Cleaning of Kitchen cum Store and utensils:**

- The kitchen cum store/place of cooking must be deep cleaned and sanitized before 24 hours of actual cooking after reopening of hostels.
- The kitchen should be cleaned before the actual preparation of food on daily basis.
- It is important that surfaces in direct contact with food must be both clean and dry before use.
- Cleaning accessories used in the cooking area should not be used in other parts of the kitchen.
- Sun drying of the cleaning accessories in a clean and tidy place should be done.
- Tables, benches and boxes, cupboards, glass cases, etc. should be clean and tidy. Cooking utensils and crockery should be clean and in good condition. These should not be broken / chipped. All kitchen utensils and devices should be washed and sun-dried before using. Preferably hot water (above 60 degrees Celsius) to be used for washing and sanitizing.
- Required precautions while handling supplies, inventories and goods in all the hostel, shall be ensured.



### **VIII. Serving of Food**

- The serving and dining area should also be well sanitized before and after food consumption.
- Temperature of the meals when served should be maintained at least at 65°C. Therefore, food should be served to children immediately after being cooked.
- The Personnel in Charge of Sports Hostel need to monitor the process of hand washing carefully.

### **IX. Drinking Water supply**

- Inmates should be provided with clean and boiled drinking water.
- Continuous supply of potable water should be ensured in the hostel premises. In case of intermittent water supply, adequate storage arrangement for water used in food or washing should be made.
- Water storage tanks, if available, should be thoroughly cleaned before the reopening of hostels and further periodical cleaning should be done.

### **X. Other Practical supportive practices**

- Applicable food waste management rules shall be adhered to by all hostels.
- Hospitals/Clinics in the nearby areas, should be identified and list should be available at all hostels at all times. The Sports Hostel Managers / District Sports and Youth Welfare Officers of every hostel should watch out for obvious Influenza like symptoms in any of the staff / inmates and take suitable action.
- All staff/inmates should be thoroughly oriented on COVID-19 with focus on hand washing, respiratory hygiene, physical distancing surface cleaning practices, self-care, seeking proper care at the earliest etc.,
- All staff/inmates should be strictly instructed not to attend any unnecessary social gathering.
- Officers/authorities/wardens should carry out compliance checks of the hostels frequently, particularly with regard to physical distancing, disinfection, hand washing and wearing of masks.
- Visiting public health team may inspect kitchen and mess at least once a week to ensure maintenance of hygiene.

- Approved signage should be displayed across the hostels mandating physical distancing as well as Do's and Don'ts for the staff/inmates including information on negating stigma and discrimination. The Hostel should display State helpline numbers and also number of local health authorities etc., for contact in case of any emergency.
- All group activities including outdoor activities should be suspended till further orders.

## **APPENDIX - II**

### **STANDARD OPERATING PROCEDURE (SOP) & GUIDELINES FOR ORGANIZING SPORTS COMPETITIONS IN SPORTS DEVELOPMENT AUTHORITY OF TAMIL NADU (SDAT) / Non SDAT SPORTS FACILITIES.**

While the national lockdown has mandated closure of Sports activities in the country from 25<sup>th</sup> March 2020 in response to the covid-19 pandemic Sports Development Authority of Tamil Nadu (SDAT) had stopped training activities at its centers. However, Government of Tamil Nadu vide (G.O.MS.No.245, DM-II Department, Dated: 18.5.2020) have given permission and issued SOP for conducting sports activities in sports complexes and stadia in SDAT for the purpose of training of sportspersons preparing for national and international events.

In continuation, Government of Tamil Nadu have already issued Standard Operating Procedures (SOPs) on, (a) Opening of Gymnasium (b) Resumption of Training of Sportsperson in Swimming Pool. These SOPs, for Organizing Sports Competitions in the State are to be followed by all stakeholders while conducting sports competitions. Such competitions should also be conducted strictly in accordance with the guidelines of Department of Youth Affairs & Sports, Government of Tamil Nadu.

The sports competitions may resume, provided no orders of the local authorities prohibit such facilities to resume operation i.e. micro-containment zones and are meant to serve as safety guidelines for organizing the sports competition in consonance with any other guidelines issued by district administration while granting such permission.

#### **I. GUIDELINES**

- It is critical to put in place adequate measures to provide safe environment to our athletes before allowing them to resume their sports activities, training program and during competition.
- The guidelines are applicable to all athletes/staff at all SDAT/ non-SDAT Sports facilities the State Centre in charge shall ensure adherence to these guidelines.
- The officer in charge of respective facilities, while implementing this SOP, should take into account the local conditions and their preparedness. All activities should be consistent with the guidelines issued by the Government from time to time.

- Monitoring and Management committee (MMC) shall be constituted comprising of coaching staffs at various SDAT /Non SDAT Sports stadia under the chairmanship of officers concerned at SDAT/ Non SDAT sports complexes.

Their responsibilities would be including but not limited to –

- a. Communicate clearly and regularly with athletes and other stakeholders explaining measures being taken to manage risk, and the advice being given to individuals to follow the same.
- b. Ensure disinfection of all common areas and surfaces at regular intervals.
- c. Supervision of security arrangements at the entry points.
- d. Monitoring of entry into the campus/playing areas.
- e. Monitoring of drop point for daily supplies.
- f. Monitoring of movements of all athletes/ residential staff/outsourced staff through a movement register.
- g. Placement of notices/advisories on time.
- h. Update of action plan to administration on daily basis.
- i. Update of COVID19 cases to relevant higher management.
- j. Provision of information of COVID-19 helpline centers.
- k. Follow-up of foreign coaches and their health & travel advise.
- l. Training of facility management staff to follow the protocols.
  - MMC shall work closely with the officials, / coaches and support staff to define guidelines and protocols addressing the following issues –
    - a. Training / competition which can be effectively performed other than on field of play and other common training facilities.
    - b. Staggered training / competition to minimize numbers and reduce contact.
    - c. Manage numbers at training / competition to maintain social distancing as per norms.
    - d. Modify training / competition times to ensure there are fewer people present at the same time.

- MMC shall ensure each athlete provides a signed consent form declaring their consent and knowledge of all the limitations and risks associated with training under current scenario (A sample consent form has been included in **Annexure 1**).
- Travel of trainees / participants / officials and coaches shall be closely regulated and monitored by MMC.
- The use of *Aarogya Setu* app shall be made mandatory for all athletes and staff at the centre. Use of *Aarogya Setu* may continue on best effort basis on compatible mobile phones. This will facilitate timely provision of medical attention to those individuals who are at risk.

## II. DISINFECTION OF PREMISES

- The areas to be disinfected are including but not limited to –
  1. Entrances (doorknobs, handles etc.) to premise, buildings, rooms.
  2. All common areas which are used by trainees/ competitors staff and visitors.
  3. Playing surfaces, various equipment at the field of play operational areas for field of play which includes control panels for irrigation system, floodlights and adjacent areas.
  4. Washrooms and toilets.
  5. All buildings and working area surface frequently touched by hands should be cleared frequently with 2.5% Lysol, (1 liter of Lysol in 19 liters of water).

*Note:* Alternatively, 1% Hypochlorite solution can be used.

The Floors should be cleaned with 1% Hypochlorite solution (1kg Bleaching powder in 30 liters of water or 3 kg Bleaching powder in 100 liters of water) knap sack sprayers can be used for disinfecting inside the buildings and power sprayers can be used for disinfecting outside buildings areas and water wash pumps can be used for spraying, and cleaning should be done by wet mopping. Dust generating dry cleaning process should be avoided.

- The disinfection shall be performed by professional staff/agency and procedures will be set in place to ensure the same is performed at regular interval (minimum twice every week).

- The schedule of disinfection activity must be intimated to all trainee and staff well in advance so that necessary training schedule is prepared based on the disinfection activity and the same should be appropriately displayed to bring to notice of visitors.

### **III. GUIDING PRINCIPLES FOR CONDUCTING OF COMPETITION**

- A. Implementation of necessary precautionary measures at the centers.
- Centre-in-charge shall maintain a daily checklist for each athlete indicating time spent at training / competition facility, physiotherapy room, medical centre etc.
  - The training / competition facilities used by Olympic athletes/ International Medalist/ National Medalist and probable shall be earmarked exclusively for their use and shall not be accessible to other athletes.
  - All personal training / competition equipment belonging to an athlete shall be disinfected while the athlete is in the competition / training venue.
  - Athletes, officials and suffering staff shall be screened before being allowed access to common field-of-play/training / competition facilities.
  - A coach or staff member should ask athletes, as they come into practice for participate in competition if they feel ill in any way, specifically listing certain symptoms, and send home those athletes reporting illness or experiencing symptoms. Symptoms include mild to severe respiratory illness with fever, cough and difficulty breathing, or other symptoms.
  - Athletes/coaches / officials / supporting staff who begin to cough/sneeze for any reason, must move away from others until coughing/sneezing dissipates.
  - Any training equipment used shall be disinfected before next usage by a different individual. Athletes shall only be allowed to use personal equipment including utilities like towels, water bottles etc.
  - Hand-hygiene facilities shall be made available adjacent to field-of-play for use as and when necessary.
  - Physical contact of any form shall be avoided as part of training routine / competition for example handshakes, high-fives, tackling, sparring etc.
  - All trainers and support staff shall also adhere to the precautionary measures mentioned in this SOP at all times without exception.

- Special precautions shall be taken for training / competition engagement of Para-athletes as per guidelines and instructions of qualified medical personnel. Para-athletes shall train in a designated centre.
- Primary focus shall be on creating a healthy environment with quality experience, progressive training and safety of all athletes and staff.
- Coaches may use downtime to ensure all safety skills are up-to-date, including complete sport safety, concussion training etc.
- Cases requiring urgent First-Aid intervention shall be handled by authorized medical personnel ensuring adherence to necessary precautionary measures for physical contact.

### **B. Security procedures at entry gate.**

- ONLY ONE access point will be open for entry and exit to and from the competition venue respectively. The utilization of facilities by outside athletes / Non-competitors shall be prohibited till relaxations are announced by Government based on local conditions.
- Compulsory screening will be performed of all persons visiting the competition venue. MCC Shall appoint staff for manning the entry gate for each shift who shall be trained to perform the thermal tests and conduct screening based on any obvious symptoms.
- Provision of wash basin with soap solution **OR** alcohol-based hand sanitizer shall be made available at the entry point and all visitors shall wash their hands before entering the premise.
- Provision of wash basin with soap solution **OR** alcohol – based hand sanitizer shall be made available at the entry point and all visitors shall wash their hands with soap before entering the premise.
- Supervising personnel should ensure physical distancing of at least 1 meter at all times. There should be adequate gaps between shifts and lunch breaks should be staggered.
- Any person exhibiting any symptom attributed to COVID-19 will be immediately prevented from entering the Sports Complex.
- The information should be intimated to Office of the Deputy Director of Health Services of the district concerned or 24 hours help line number immediately.

- If an employee tests positive, contact tracing using the Arogya Setu App on the employee's phone should be done and the following steps should be taken (<https://www.mygov.in/aarogya-setu-app>).
- Those who have had close contact should be asked to self-isolate at home for 14 days from the last time they had contact with the confirmed case. They will be actively followed up by the designated public health services
- Staff who have not been in close contact with the original confirmed case do not need to take any precautions other than monitoring their health for symptoms and can continue to attend work.
- The affected zone should be cleaned and disinfected immediately and work in that area resume only on the following day.
- All visitors or vehicles must have valid authorization issued by competent authority to enter the premise.
- Ensuring physical distancing during transportation is required.
- The vehicle should be fully disinfected with 2.5% Lysol after every trip.
- The driver and the companion, if any, should also wear a mask during the travel.
- Any parcel/courier shall be collected from building entry gate by the addressee.
- Any person entering the premise must be wearing a mask covering their nose and mouth (**Annexure-2**).
- Reusable face covers to be worn by all staff and athletes at all times. Adequate stock should be maintained by the organization / organizers at all times.

### **C. Sanitization at Competition venue.**

- Hand sanitizers shall be made available at the entrance and a notice shall be displayed with guidelines on proper sanitization process.
- Sanitizers shall be placed at entry points of rooms of officials, FOP, gymnasium, and other strategic points throughout the complex.
- Every person within the centre shall sanitize their hands regularly as per guidelines displayed on illustrative notices throughout the centre.



- Wherever possible, windows shall be kept open and **operation of A/C avoided.**
- Handshakes and other forms of greetings which need physical contact shall be avoided.
- Meetings with trainee / players groups shall be avoided as far as possible.
- For all discussions, which demand physical presence, competitors and staff shall strictly adhere to the social distancing norm of minimum 2 meters between each individual.
- Waste disposal staff shall ensure they are wearing face masks and disposable gloves at all times while handling trash bags or bins. Clothes worn during waste disposal shall be changed and cleaned after handling waste. Staff shall avoid direct contact with drivers and collectors and shall perform hand-hygiene after handling waste. In addition, all other Government guidelines pertaining to waste disposal shall be strictly adhered to.
- Special attention shall be given to surfaces in wash rooms/toilets/showers by periodical cleaning, swabbing and disinfecting. Guidelines for cleaning toilets, social distancing norms and hygiene practices shall be displayed clearly inside every toilet.

#### **D. Athlete Education**

- Prior to conduct of competitions at the centers, each athlete shall be educated on COVID precautionary measures, which are to be implemented at the facility and during activities. **Prior to commencement of activities, coaching staff shall reemphasize proper hygiene and health safety practices to all athletes as part of daily briefing.**
- Provision shall be made for education material for athletes and other personnel to promote required behaviors (e.g. regular and thorough hand-washing, covering mouth and nose with a tissue or sleeve during coughing/sneezing) **if anyone have fever, cough and cold are not being allowed to enter inside the office.** Some topics on which resources (preferably published by WHO) shall be made available are-
  - a. Good hygiene for corona virus (COVID-19)
  - b. Hand washing guidance (**Annexure 3**)

- c. Covering of coughs and sneezes (use and disposal of tissues).
- d. Self-isolation (self-quarantine) for corona virus (COVID-19)
- e. Advice for people at risk of corona virus (COVID-19).
  - Approved signage should be displayed across the workplace mandating physical distancing as well as Dos and Don'ts for the employees. Include information on negating stigma and discrimination, so staff is encouraged for early health seeking. Do not label any area/ persons/community for spreading COVID-19.
  - A confirmed case of COVID-19 in the venue will cause anxiety among co-workers and some may become stressed.
  - Clear communication is important, directing workers to reliable sources of information about COVID-19.
  - Managers / organizers/staffs should be supportive and understanding and as far as possible flexible on event arrangements.
  - Some mandatory precautionary practices include -
    - a. No sharing of drink bottles and towels.
    - b. No sharing of mats, or equipment without an appropriate cleaning protocol, in between training sessions / competitions.
    - c. No physical contact in the form of handshakes, hugs, high-fives etc.
    - d. No splitting on the field of play (FOP) and other facilities in the premises.

### **Providing and maintaining healthy environment at sport competition venue and workout areas.**

#### **1. Spectator Management.**

- i. The spectators at the sporting event would be in accordance with the guidelines issued in Govt. press release dated on 31.12.2020 in Para 1 and amended from time to time.
- ii. Sports competitions with a maximum of 50% of the hall capacity or with a ceiling of 600 persons. Functions in open

spaces shall continue to be permitted with a maximum of 50% of the participants of the total capacity and size of the Open Spaces where the above said gatherings are proposed and by strictly adhering to social distancing norms. Further prior permission shall be obtained from the Commissioner of Police in respect of Chennai City and from the District Collector in respect of Districts.

- iii. Following the Standard Operating Procedure, sports events including cricket shall be permitted with a maximum of 50% of the seating capacity of the stadia / play grounds.
- iv. CCTV monitoring may be planned for larger events to detect over-crowding at entry & exit gates and seating arena.

## **2. Ensuring Ventilation.**

- i. As far as feasible, natural ventilation must be ensured and use of small enclosed spaces must be discouraged.
- ii. Circulation of outdoor air nodes to be increased, as much as possible. By opening windows and doors, using fans, or other methods.
- iii. For air-conditioning/ventilation, of closed enclosures. the guidelines of CPWD shall be followed which emphasizes that the temperature setting of all air conditioning devices should be in the range of 24-30° C, relative humidity should be in the range of 40-70%, intake of Fresh air should be as much as possible and cross ventilation should be adequate. Air handling unit needs to be cleaned prior to switching on.

## **3. Maintaining Healthy operations.**

### **1.1. Risk assessment.**

- i. Thermal screening of all athletes and ASPs shall be undertaken prior to allowing access to common field of play.
- ii. Depending on the risk perception and the scale of events, organizing committee may consider making RT-PCR Testing of athletes and ASPs carried out within 72 hours prior to the event and its uploading on the website of organizing committee mandatory. In such cases. Only those having a negative RT-PCR report shall be allowed to participate in the event. For this, organizing committee may also make suitable linkages with ICMR approved laboratories for COVID -19 testing of athletes and ASPs who report without a COVID test report.

**4. At the entry and exit points to the sporting event arena.**

- i. Athletes/ ASPs living in containment zones shall not be allowed entry in the main competition arena/field of play, warm up-area.
- ii. All entrance main competition arena/field of play, warm-up area to have mandatory hand hygiene (sanitizer dispenser) and thermal screening provisions. Only asymptomatic persons (athletes and ASPs) to be allowed in the premises.
- iii. All athletes and ASPs to be allowed entry only if using face cover/masks.
- iv. Separate gates, if feasible, should be used for entry and exit.
- v. Visual markers such as arrows or lanes of travel to be marked to streamline movement of athletes and ASPs.

**5. Within the premises of sporting arena (except field of play).**

- i. Reduce or close the number of breakout rooms, lounges in which individuals gather.
- ii. Gathering of spectators shall be governed by the instructions issued by Ministry of Home Affairs (MHA) and Ministry of Health and Family Welfare from time to time.
- iii. Seating arrangement in parks, offices, hostel mess, other common utility areas to ensure a distance of 6 feet between chairs, benches, etc.,

**6. During exercise, physiotherapy and training sessions.**

- i. Disinfect the common touched surfaces of the exercise equipment, before commencing the exercise.
- ii. Physiotherapy/massage shall be avoided unless absolutely necessary. If physiotherapy or massage is deemed necessary, the athlete as well as the physiotherapist/masseurs will follow all precautions including hand sanitization, use of mask, sanitization of equipment, etc.
- iii. Athletes and coaches shall sanitize their hands before and after exercises, physiotherapy and training sessions, workouts and sporting event. For such purpose hand sanitizer should be provided at the entry and exit of these locations including field of play.

- iv. Ensure physical distancing during training sessions.
- v. Physical contact in any form shall be avoided during training and sporting event, for e.g., handshakes high-fives, etc,.
- vi. Special precaution shall be taken for training engagements of Para -athletes as advised by qualified medical personnel.

**7. Precautions to be observed at the field of play.**

- i. Staggering of athletes for different events/training sessions to be done, to allow for adequate physical distancing.
- ii. In case of multiple events, the next lot of athletes and ASPs should be outside the venue and shall enter the warm-up area and field of play once the athletes and ASPs from previous event have left the venue, alternatively, organizing committee may explore multiple venues so that events may be conducted simultaneously.
- iii. Athletes and coaches shall be screened by properly calibrated thermal guns at the entry to field of play.
- iv. Wash hands with soap and water/ use hand sanitizer at the time of entry to the field of play.
- v. Athletes will shower before entering and after exiting the field of play.
- vi. Ensure physical distancing between coaches and athletes.
- vii. Athletes and coaches shall not be allowed to share equipment.
- viii. Wash hands/use hand sanitizers after leaving the field of play.

**8. Activities of athletes in other common areas – changing rooms, Showers, mess, etc.**

- i. Ensure physical distancing norms in changing rooms and shower areas.
- ii. In mess / cafeteria, seating arrangement should ensure adequate physical distancing.
- iii. Cafeteria and mess staff should wear mask and hand gloves and take other required precautionary measures.
- iv. Tables chairs in common areas to be sanitized once the athletes/coaches leave these locations.

**9. Arrangements at Medical Centre.**

- i. Organizing committee shall designate a COVID -19 response team that athletes / ASPs should contact if they experience symptoms suggestive of COVID.
- ii. At the entrance, there will be provision of triaging (to be done by trained nurse/medical attendant).
- iii. Patient suspected to be suffering from COVID- 19 (i.e. those reporting with fever, cough, breathlessness etc.) shall be isolated in the designated isolation room.
- iv. In case of referral, transportation of such cases shall be arranged in consultation with local health authorities.
- v. Doctors, nurses, paramedics will use full complement of PPE (Personnel Protective Equipment) (coverall, N-95 mask, protective goggles, gloves) if sample collection or aerosol generating procedure is contemplated.
- vi. In the event of detection of a case, further management (including contact tracing. Quarantine, testing disinfection of premises etc. shall be done in consultation with the district/local health authorities.

**10. Ensure Safe Stay at Hostels/Hotels/guest houses.**

To ensure safe stay all athletes and ASPs (Athlete Support personnel should be accommodated in single rooms, as far as feasible.

**RAJEEV RANJAN**  
**CHIEF SECRETARY TO GOVERNMENT.**

**/True copy/**

  
**SECTION OFFICER**

**V. Annexure 1****Athlete Consent Form for resumption of training / competitions.****Training / competitions participants Consent Form**

Name - _____	
D.O.B - _____	Gender - _____
Stadia/DSC - _____	Sport - _____
City - _____	State - _____

I hereby acknowledge the risks associated with resuming training / competitions at the centre under the present COVID-19 pandemic situation. I hereby acknowledge that the risks involved, necessary precautions and protocols for participation in competition have been duly informed to me by \_\_\_\_\_

(DS&YWO/Stadium officer / Sports Association / Organizers concerned).

I hereby acknowledge the SDAT cannot guarantee the complete elimination of risks posed by COVID-19 through the implementation of the precautions and protocols identified by the SDAT officials

I hereby declare that I am willing to participate in competition at the centre on my own consent without the influence of any other party and I shall adhere to suggested safety precautions and protocols at the SDAT training centre

(Signature of Association)

(Signature of Secretary)

(Name of Association)

(Name of

Association) \_\_\_\_\_

\*DS&YWO - District Sports and Youth Welfare Officer

- \*DSC - District Sports Complex

VII. Annexure 2

**Guidelines for use of mask**

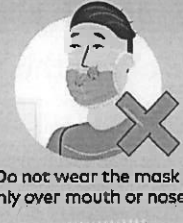
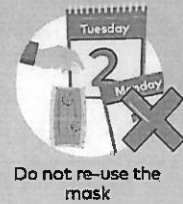
**HOW TO WEAR A MEDICAL MASK SAFELY**

[who.int/epi-win](http://who.int/epi-win)

**Do's** →



**Don'ts** →



Remember that masks alone cannot protect you from COVID-19. Maintain at least 1 metre distance from others and wash your hands frequently and thoroughly, even while wearing a mask.



## VIII. Annexure 3

**Steps of Hand Hygiene**

### Hand-washing technique with soap and water

- 1 Wet hands with water
- 2 Apply enough soap to cover all hand surfaces
- 3 Rub hands palm to palm
- 4 Rub back of each hand with palm of other hand with fingers interlaced
- 5 Rub palm to palm with fingers interlaced
- 6 Rub with back of fingers to opposing palms with fingers interlocked
- 7 Rub each thumb clasped in opposite hand using a rotational movement
- 8 Rub tips of fingers in opposite palm in a circular motion
- 9 Rub each wrist with opposite hand
- 10 Rinse hands with water
- 11 Use elbow to turn off tap
- 12 Dry thoroughly with a single-use towel
- 13 Hand washing should take 15-30 seconds

**RAJEEV RANJAN**  
**CHIEF SECRETARY TO GOVERNMENT.**

/True copy/

*Jeyam*  
*03/21/2024*  
**SECTION OFFICER**

